MEDICLINIC
AIRPORT ROAD HOSPITAL

MEDICLINIC baby

YOUR PREGNANCY CARE GUIDE

6-8 weeks
Internal viability scan to check foetal heartbeat and measurement

Follow up 2-3 weeks

11-13 weeks
Antenatal bloods and Down syndrome screening (optional)

Follow up 4 weeks

16-18 weeks
Routine check up, review of blood results

20-23 weeks
Anatomy scan, sugar test/GTT

Follow up 4 weeks

24-27 weeks
Meet the midwife/diabetic nurse/dietician

26-30 weeks
Antenatal class

Follow up 2 weeks until 36 weeks

32 weeks
Haemoglobin check and growth scan

36 weeks
Group B strep screening (swab test)

Every 1 week until 40 weeks

37-38 weeks
Birth plan for C-section: meet the anaesthetist/book for the big day

40+ weeks
Await start of contractions

Welcome home